

LOVE YOGA

SPRING SCHEDULE

SUNDAY

9:30AM FLOW SABRINA

7:00PM YIN JENNY

MONDAY

9:30AM FLOW AMY

5:30PM GENTLE SARAH

TUESDAY

9:30AM STRONG STEPHANIE

5:30PM FLOW BEE

WEDNESDAY

9:30AM FLOW EVAN/STUDIO ONLY

5:30PM BASICS JUSTINE

THURSDAY

9:30AM STRONG AUNNIE

5:30PM GENTLE/MEDIT. w/SUZANNE

FRIDAY

9:30AM FLOW SUZANNE

SATURDAY

9:00AM FLOW SUZANNE